

HEDIS Provider Guide:

Depression Screening and Follow-up for Adolescents and Adults (DSF-E)

Measure Description

Members 12 years of age and older who were screened for clinical depression using a standardized instrument between January 1 and December 1 of the measurement year and, if screened positive, received follow-up care within 30 days of the positive depression screening.

A list of valid standardized Instruments and the accompanying codes needed are in the table below. The Patient Health Questionnaire 9 (PHQ-9) and PHQ-2 are the most commonly used instruments. Methods identifying a follow up on positive screening within 30 days of a positive depression screen finding:

- An outpatient, telephone, e-visit, or virtual check-in follow-up visit with a diagnosis of depression or other behavioral health condition.
- A depression case management encounter that documents assessment for symptoms of depression or a diagnosis of depression or other behavioral health condition.
- A behavioral health encounter, including assessment, therapy, collaborative care, or medication management.
- A diagnosis of encounter for exercise counseling (ICD-10-CM code Z71.82). Do not include laboratory claims (claims with POS code 81).
- A dispensed antidepressant medication.
- Documentation of additional depression screening on a full-length instrument indicating either no depression or no symptoms that require follow-up, e.g., a negative screen on the same day as a positive screen on a brief screening instrument. **Example:** If there is a positive screen resulting from a PHQ-2 score, documentation of a negative finding from a PHQ-9 performed on the same day qualifies as evidence of follow-up.

Exclusions:

- Members who were diagnosed with bipolar disorder in prior measurement year.
- Members who were diagnosed with depression in the prior measurement year.
- Members who use hospice services.

Codes to Identify Depression Screening and Follow-up for Adolescents and Adults (DSF-E)

Description	Codes
Follow-up visit codes Follow-up visits: Outpatient, telephone, e-visit, or virtual check-in. <u>Must</u> have a diagnosis of depression or other behavioral health condition	CPT: 98000-98016, 98960-98962, 98966-98968, 98970-98972, 98980, 98981, 99078, 99202-99205, 99211-99215, 99242-99245, 99341, 99342, 99344, 99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411, 99412, 99421-99423, 99441-99443, 99457, 99458, 99483 HCPCS: G0071, G0463, G2010, G2012, G2250-G2252, T1015
Depression case management codes Depression case management: Include diagnosis of depression or other behavioral health condition	CPT: 99366, 99492, 99493, 99494 HCPCS: G0512, T1016, T1017, T2022, T2023

Description	Codes
Depression or other behavioral health condition codes	ICD10: F01.511, F01.518, F06.4, F10.180, F10.280, F10.980, F11.188, F11.288, F11.988, F12.180, F12.280, F12.980, F13.180, F13.280, F13.980, F14.180, F14.280, F14.980, F15.180, F15.280, F15.980, F16.180, F16.280, F16.980, F18.180, F18.280, F18.980, F19.180, F19.280, F19.980, F20.0-F20.3, F20.5, F20.81, F20.89, F20.9, F21-F24, F25.0, F25.1, F25.8, F25.9, F28, F29, F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78, F31.81, F31.89, F31.9, F32.0-F32.5, F32.81, F32.89, F32.9, F32.A, F33.0-F33.3, F33.40-F33.42, F33.8, F33.9, F34.0, F34.1, F34.81, F34.89, F34.9, F39, F40.00-F40.02, F40.10, F40.11, F40.210, F40.218, F40.220, F40.228, F40.230-F40.233, F40.240-F40.243, F40.248, F40.290, F40.291, F40.298, F40.8, F40.9, F41.0, F41.1, F41.3, F41.8, F41.9, F42.2-F42.4, F42.8, F42.9, F43.0, F43.10-F43.12, F43.20-F43.25, F43.29, F43.81, F43.89, F43.9, F44.89, F45.21, F51.5, F53.0, F53.1, F60.0-F60.7, F60.81, F60.89, F60.9, F63.0, F63.1-F63.3, F63.81, F63.89, F63.9, F68.10-F68.13, F68.8, F68.A, F84.0, F84.2, F84.3, F84.5, F84.8, F84.9, F90.0-F90.2, F90.8, F90.9, F91.0, F91.1-F91.3, F91.8, F91.9, F93.0, F93.8, F93.9, F94.0-F94.2, F94.8, F94.9, O90.6, O99.340-O99.345
Behavioral Health Encounter	CPT: 90791, 90792, 90832-90834, 90836-90839, 90845-90847, 90849, 90853, 90865, 90867-90870, 90875, 90876, 90880, 90887, 99484, 99492, 99493 HCPCS: G0155, G0176, G0177, G0409-G0411, G0511, G0512, H0002, H0004, H0031, H0034- H0037, H0039, H0040, H2000, H2001, H2010-H2020, S0201, S9480, S9484, S9485

Exclusion Codes

Description	Codes
Bipolar Disorder	ICD10CM: F30.10-F30.13, F30.2-F30.4, F30.8, F30.9, F31.0, F31.10-F31.13, F31.2, F31.30-F31.32, F31.4, F31.5, F31.60-F31.64, F31.70-F31.78
Other Bipolar Disorder	ICD10CM: F31.81, F31.89, F31.9
Depression	ICD10CM: F01.511, F01.518, F32.0-F32.5, F32.81, F32.89, F32.9, F32.A, F33.0-F33.3, F33.40-F33.42, F33.8, F33.9, F34.1, F34.81, F34.89, F43.21, F43.23, F53.0, F53.1, O90.6, O99.340-O99.345

Standardized Instruments	Age ≤17	Age 18+	LOINC® Code	Positive Finding
Patient Health Questionnaire Modified for Teens (PHQ-9M)	X		89204-2	Total Score ≥10
Patient Health Questionnaire (PHQ-9)	X	X	44261-6	Total Score ≥10
Patient Health Questionnaire-2 (PHQ-2)	X	X	55758-7	Total Score ≥3
Beck Depression Inventory-Fast Screen (BDI-FS) ^{1,2}	X	X	89208-3	Total Score ≥8
Center for Epidemiologic Studies Depression Scale – Revisited (CESD-R)	X	X	89205-9	Total Score ≥17
Edinburgh Postnatal Depression Scale (EPDS)	X	X	99046-5	Total Score ≥10
PROMIS Depression	X	X	71965-8	Total Score ≥60
Beck Depression Inventory (BDI-II)		X	89209-1	Total Score ≥20
Duke Anxiety-Depression Scale (DUKE-AD) ²		X	90853-3	Total Score ≥30
My Mood Monitor (M3)		X	71777-7	Total Score ≥5
Clinically Useful Depression Outcome Scale (CUDOS)		X	90221-3	Total Score ≥31
Geriatric Depression Scale Short Form (GDS)		X	48545-8	Total Score ≥5
Geriatric Depression Scale Long Form (GDS)		X	48544-1	Total Score ≥10

¹Brief screening instrument. All other instruments are full-length.

²Proprietary; possible cost or licensing requirement associated with use.

How to Improve HEDIS® Scores

- Use standardized clinical depression screening templates in charts and in electronic health records (EHRs). Ensure that these templates capture the score and screening result.
- Submit LOINC codes for depression screening to Blue Shield Promise via a supplemental data feed extracted from your EHR. Reach out to your assigned Blue Shield Promise Quality Program Manager for assistance or email HEDISSUPPDATA@blueshieldca.com for questions related to supplemental data feeds.
- If your practice/group uses a data aggregator, e.g., Cozeva® or Arcadia®, ensure that they can capture this measure in their system.
- Avoid missed opportunities by taking advantage of every office visit to provide clinical depression screening.
- An outpatient, telephone, e-visit, or virtual check-in follow-up are also acceptable to meet the measure requirements.
- The U.S. Preventive Services Task Force (USPSTF) recommends screening for depression among adolescents 12 to 18 years and the general adult population, including pregnant and postpartum women. They also recommend that screening is implemented with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.
- Visit the [Behavioral Health Services Program](#) section on the Blue Shield Promise website for information on behavioral health referrals.

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